



Gambling harms in Leicester City

A health needs assessment

Health and Wellbeing Board

June 2025

What we know from the literature

- **54%** of general population take part in gambling at least once per year
- **40%** take part in gambling not including the national lottery at least once per year
- **0.4%** experience 'problem gambling' (gambling to a degree that compromises, disrupts or damages family, personal or recreational pursuits) [**~1.5k in Leicester?**]
- **3.8%** experience 'at risk gambling' (gambling that leads to less severe negative consequences) [**~14k in Leicester?**]
- **7%** are negatively affected by someone else's gambling [**~26k in Leicester?**]

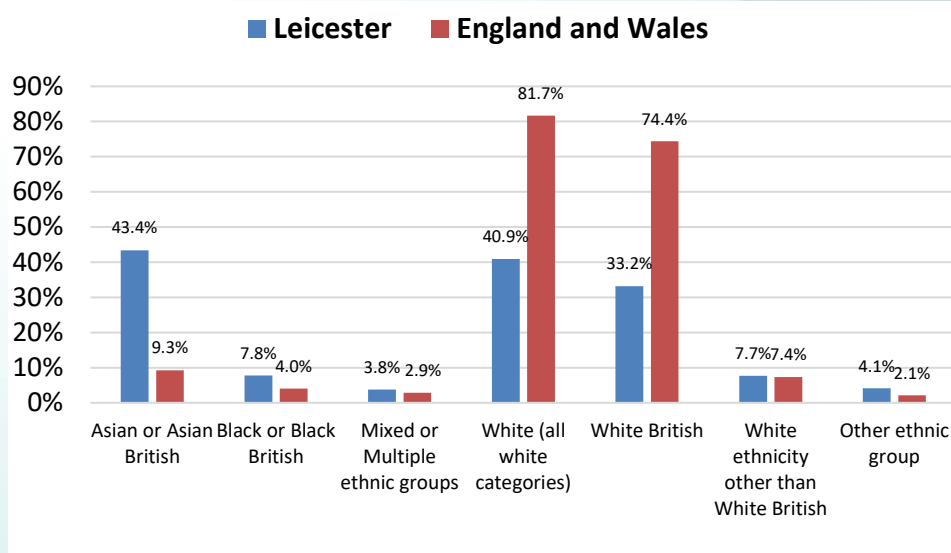
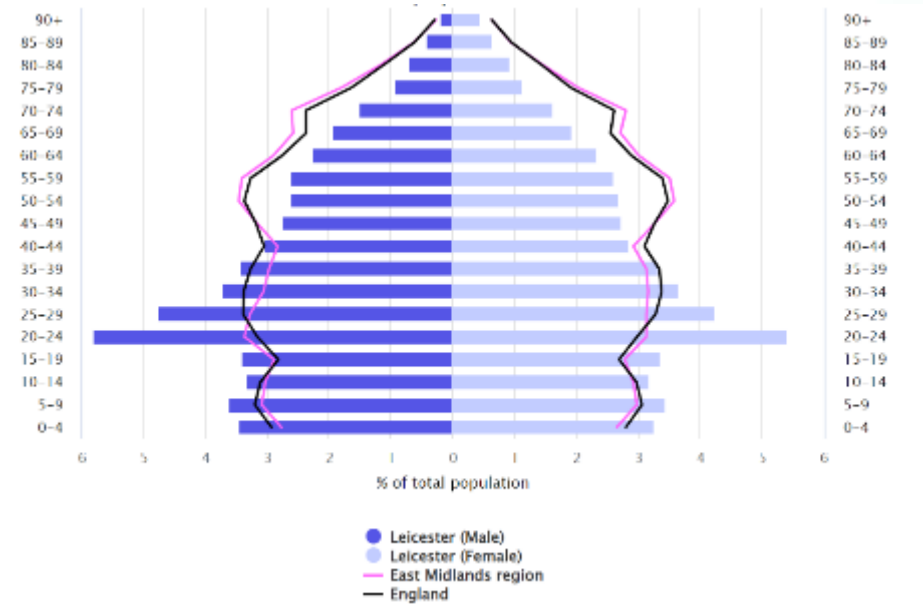
What we know from the literature

- Debt
- Employment loss
- Relationships loss
- Worsening health
- Suicide
- Homelessness
- Prison
- Alcohol dependency
- Drug use



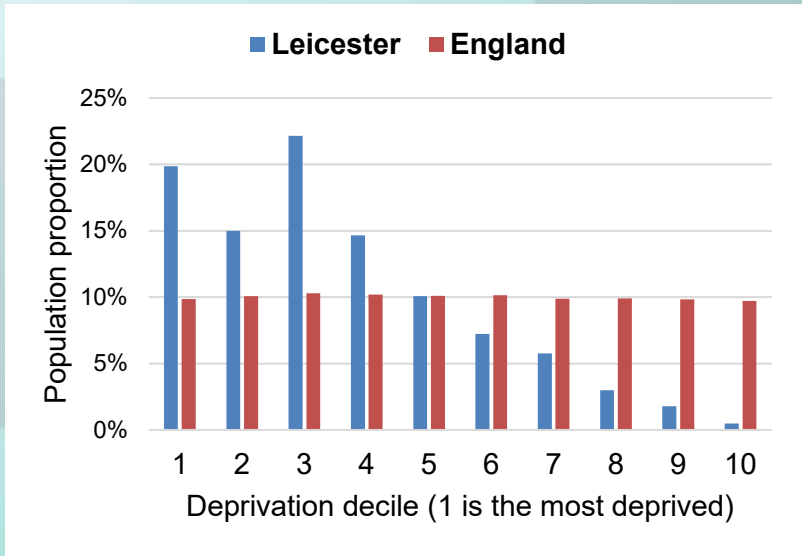
People aged 20-49 who experience problem gambling are 19 times more likely than average to die by suicide.

Local population profile in Leicester relevant to gambling



Wider determinants of health

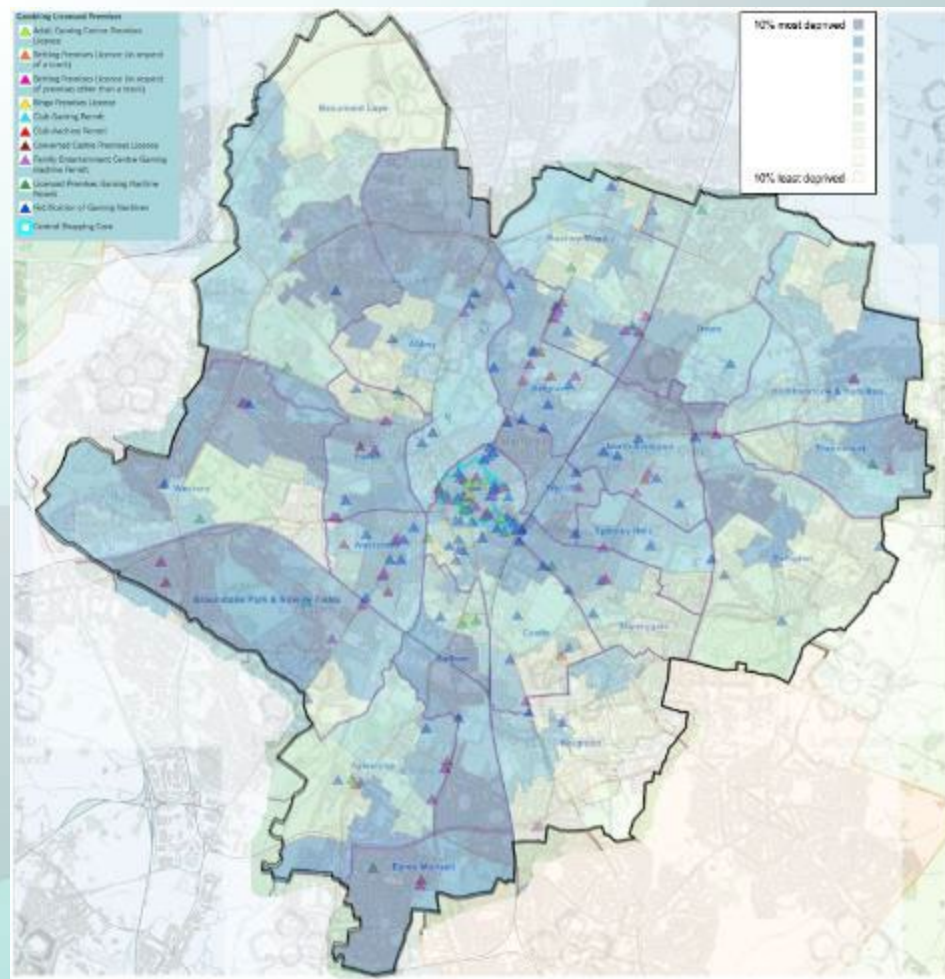
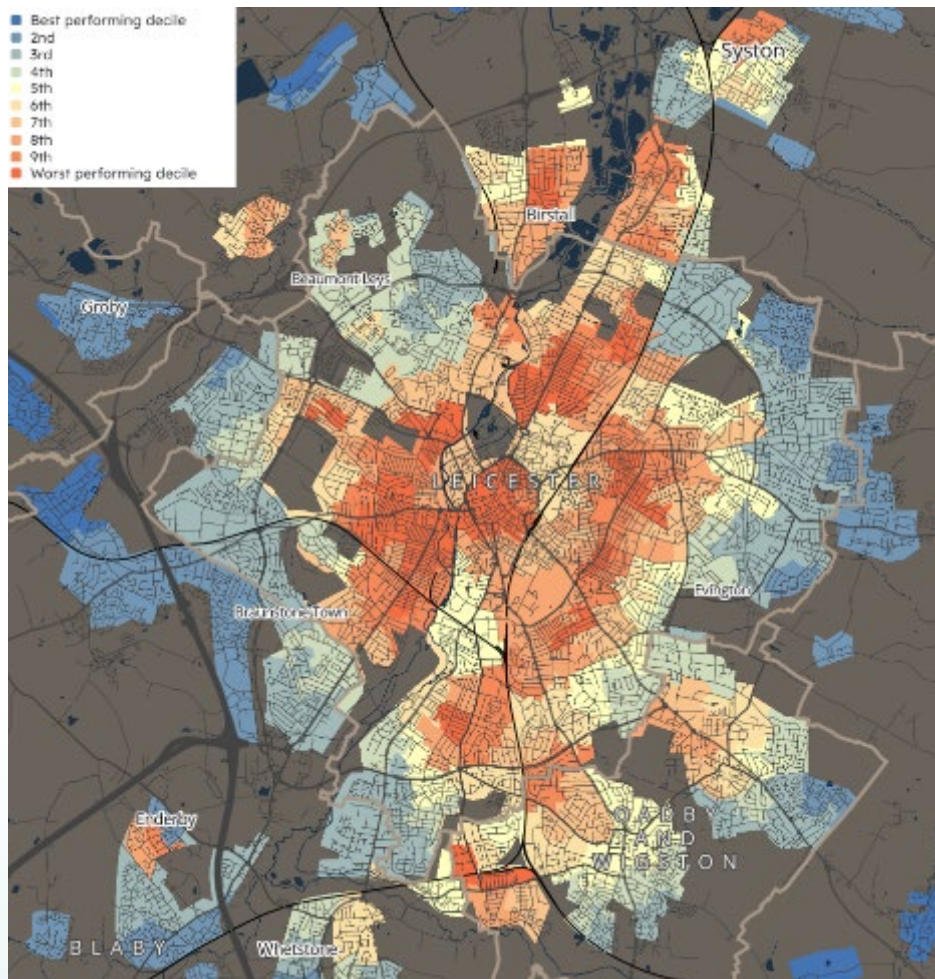
Indicator	Value (Local)	Value (Region)	Value (England)
Percentage of children in low income families	23.0	16.6	17.0
Average GCSE attainment (average attainment 8 score)	42.9	45.8	46.9
Percentage of people in employment	66.2	75.2	75.6

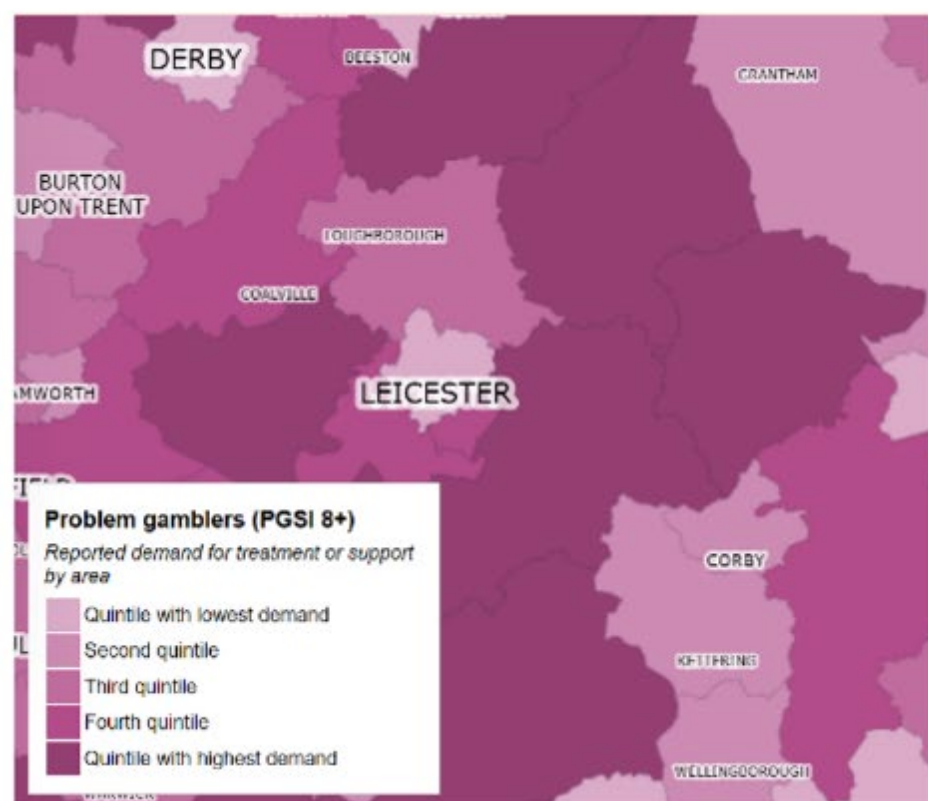
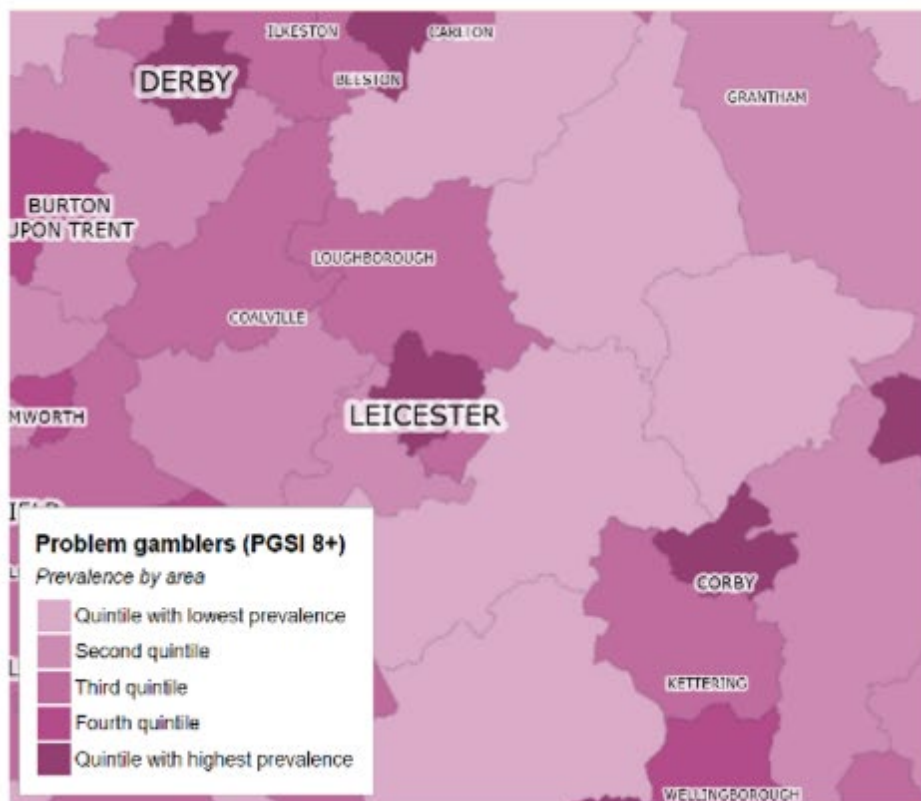


Data for Leicester residents from GambleAware

- Data for **166** Leicester clients
- **80%** male
- **63%** White British ethnicity; **22%** were of Asian or Asian British ethnicity
- Over **14.4%** unemployed
- **~90%** referred because of personally experiencing problem gambling
- the remainder were referred due to being affected by someone else's gambling
- **Commonest** type of reported gambling activity was **online** gambling, at **78%**.
- **~9%** had lost a job due to gambling
- **~30%** had lost a relationship due to gambling
- **>25%** had a gambling debt of over £5,000.

Access to licensed gambling premises





Free NHS
support to
stop the harm
caused by
gambling



**East Midlands
Gambling Harms Service**

East Midlands Gambling Harms Service

Tel: 0300 013 2330

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Managed by Derbyshire Healthcare NHS Foundation Trust. Proud to be part of

Local gambling harms strategy

1. Collaboration
2. Data collection
3. Training and education
4. Licensing and advertising

The Board is asked to:

- Note the findings and recommendations
- Support the development of an upcoming strategy on Gambling Harms.